

| | teisipäev 02.01.2024 Allergeen | | kolmapäev 03.01.2024 Allergeen | |
|----------------------------|-----------------------------------|---------|-----------------------------------|---------|
| Homnikusöök | | | | |
| | Maisimannapuder | 2 | Nisuhelbepuder | 1;2 |
| | Või | 2 | Või | 2 |
| | Kirss | | Aedmarjamoos | |
| | Pria piimatoode | 2 | Pria piimatoode | 2 |
| | Pria porgand | | Pria valge redis | |
| Lõuna | | | | |
| | Minestroone sealihaga | 1;9 | Kodune hakklihakaste | 1;2 |
| | Kohupiimakreem | 2 | Keedetud kartulid | |
| | Marjapüree | | Porgandi ja kaalikasalat | |
| | Leivatoode | 1;11;2 | Seemnesegu | 11 |
| | | | Jõhvikakissell | |
| | | | Leivatoode | 1;11;2 |
| Õhtusöök | | | | |
| | Kartuli - kõrvitsapuder | 2 | Kanasupp kikerhernestega | |
| | Külm hapukoorekaste | 2 | Leivatoode | 1;11;2 |
| | Mahlajook | | Pria pirn | |
| | Leivatoode | 1;11;2 | | |
| | Mandariin | | | |
| Terve päev vanus 1-2(3) | | | | |
| Energia kcal | | 909.37 | | 926.76 |
| Valgud ,g | 30.26 13.31% | | 30.5 13.16% | |
| Rasvad,g | 31.68 31.35% | | 30.6 29.72% | |
| Süsivesikud,g | 125.85 55.36% | | 135.41 58.44% | |
| vanus 3-5 | | | | |
| Energia kcal | | 1168.16 | | 1154.85 |
| Valgud ,g | 38.63 13.23% | | 38.38 13.29% | |
| Rasvad,g | 37.68 29.03% | | 35.71 27.83% | |
| Süsivesikud,g | 168.06 57.55% | | 173.59 60.13% | |
| vanus 5-6 | | | | |
| Energia kcal | | 1345.41 | | 1394.67 |
| Valgud ,g | 44.55 13.25% | | 46.06 13.21% | |
| Rasvad,g | 43.99 29.43% | | 42.01 27.11% | |
| Süsivesikud,g | 192.87 57.34% | | 212.12 60.84% | |
| vanus 6-7 | | | | |
| Energia kcal | | 1523.41 | | 1545.8 |
| Valgud ,g | 48.28 12.68% | | 50.95 13.18% | |
| Rasvad,g | 51.1 30.19% | | 46.77 27.23% | |
| Süsivesikud,g | 217.19 57.03% | | 233.82 60.5% | |

| neljapäev 04.01.2024 Allergeen | | reede 05.01.2024 Allergeen | | Nädala keskmine | |
|-----------------------------------|---------|--------------------------------|---------|-----------------|----------|
| Kaheksaviljapuder | 1;2 | Piima - täisterakaerahelbesupp | 1;2 | | |
| Või | 2 | Või | 2 | | |
| Marja toormoos | | Rukkileib singivõiga | 1;2;7 | | |
| Pria piimatoode | 2 | Pria kaalikas | | | |
| Pria kapsas | | | | | |
| Lõhe - kartulisupp | 4 | Kanarisoto | | | |
| Maasikatarretis | | Külm hapukoorekaste | 2 | | |
| Vahukoor | 2 | Peedisalat jogurtiga | 2 | | |
| Leivatoode | 1;11;2 | Marjakompott | | | |
| | | Leivatoode | 1;11;2 | | |
| Tatar hakklihaga | | Õunakese kook | 1;2;3 | | |
| Külm jogurtikaste | 2 | Pria piimatoode | 2 | | |
| Mahlajook | | Pria pirn | | | |
| Leivatoode | 1;11;2 | | | | |
| Pria õun | | | | | |
| | 930.36 | | 931.67 | | 924.54 |
| 30.42 | 13.08% | 26.48 | 11.37% | 29.415 | 12.73% |
| 39.1 | 37.82% | 41.41 | 40% | 35.698 | 34.75% |
| 114.65 | 49.29% | 114.29 | 49.07% | 122.55 | 53.02% |
| | 1174.49 | | 1159.67 | | 1164.292 |
| 37.79 | 12.87% | 33.17 | 11.44% | 36.993 | 12.71% |
| 47.63 | 36.5% | 48.75 | 37.83% | 42.442 | 32.81% |
| 148.82 | 50.68% | 147.97 | 51.04% | 159.61 | 54.84% |
| | 1362.28 | | 1372.45 | | 1368.702 |
| 45.18 | 13.27% | 39.78 | 11.59% | 43.892 | 12.83% |
| 55.16 | 36.44% | 55.78 | 36.58% | 49.235 | 32.37% |
| 171.94 | 50.49% | 179.16 | 52.22% | 189.022 | 55.24% |
| | 1500.37 | | 1501.13 | | 1517.678 |
| 49.85 | 13.29% | 42.2 | 11.24% | 47.82 | 12.6% |
| 59 | 35.39% | 63.62 | 38.14% | 55.122 | 32.69% |
| 193.15 | 51.49% | 191.17 | 50.94% | 208.832 | 55.04% |