

| | esmaspäev 24.02.2025 Allergeen | teisipäev 25.02.2025 Allergeen |
|----------------------------|-----------------------------------|-----------------------------------|
| Hommikusöök | | |
| | Maisimannapuder | 2 |
| | Või | 2 |
| | Aedmarjamoos | |
| | Pria piim, R 2.5 % | 2 |
| | Pria nuikapsas | |
| Lõuna | | |
| | Lihtne hakklihasupp | |
| | Kirsi - jogurtidessert | 2 |
| | Leivatoode | 1;11;2 |
| Õhtusöök | | |
| | Mulgipuder | 1;2 |
| | Hapukoor, R 20 % | 2 |
| | Mahlajook | |
| | Leivatoode | 1;11;2 |
| | Pria õun | |
| Terve päev vanus 1-2(3) | | |
| Energia kcal | | 936.39 |
| Valgud ,g | 24.81 | 10.6% |
| Rasvad,g | 41.68 | 40.06% |
| Süsivesikud,g | 116.41 | 49.73% |
| vanus 3-5 | | |
| Energia kcal | | 1173.35 |
| Valgud ,g | 30.54 | 10.41% |
| Rasvad,g | 52.03 | 39.91% |
| Süsivesikud,g | 146.48 | 49.94% |
| vanus 5-6 | | |
| Energia kcal | | 1387.67 |
| Valgud ,g | 38.24 | 11.02% |
| Rasvad,g | 50.78 | 32.93% |
| Süsivesikud,g | 195.01 | 56.21% |
| vanus 6-7 | | |
| Energia kcal | | 1543.3 |
| Valgud ,g | 41.02 | 10.63% |
| Rasvad,g | 57.87 | 33.75% |
| Süsivesikud,g | 215.08 | 55.75% |

kolmapäev
26.02.2025 Allergeen

neljapäev
27.02.2025 Allergeen

| | | | |
|--------------------------------|---------|----------------------------|--------|
| Piima - neljaviljasupp | 1;2 | Odrahelbepuder | 1;2 |
| Või | 2 | Või | 2 |
| Rukkivõileib maksapasteediga | 1;2;3;7 | Aedmarjamoos | |
| Valge redis | | Pria piim, R 2.5 % | 2 |
| | | Kaalikas | |
| Pasta kanalihaga | 1 | Kalasupp poola moodi | 4 |
| Hiinakapsasalat värske kurgiga | | Kaerahelbe - marjakrõbedik | 1;2 |
| Mustsõstrakissell | | Vaniljekaste | 2 |
| Leivatoode | 1;11;2 | Leivatoode | 1;11;2 |
| Juurviljapüreesupp | 2 | Tatar hakklihaga | |
| Rõstitud sepikukuubikud | 1;2 | Mahlajook | |
| Leivatoode | 1;11;2 | Leivatoode | 1;11;2 |
| Apelsin | | Õun | |

914.97

935.21

33.01 14.43%
25.46 25.04%
139.52 60.99%

29.13 12.46%
31.41 30.23%
137.08 58.63%

1150.87

1204.26

39.67 13.79%
34.28 26.81%
172.08 59.81%

36.93 12.27%
38.15 28.51%
181.34 60.23%

1416.56

1418.83

50.66 14.31%
38.16 24.24%
218.51 61.7%

43.87 12.37%
44.82 28.43%
214.11 60.36%

1574.63

1500.13

55.93 14.21%
43.44 24.83%
240.8 61.17%

46.89 12.5%
48 28.8%
224.86 59.96%

reede
28.02.2025 Allergeen Nädala keskmine

| | |
|---------------------------------------|--------|
| Piima-riisisupp | 2 |
| Või | 2 |
| Rukkileib ahjukalaga | 1;2 |
| Värske kapsas | |
| | |
| Hautatud kartulid tomati ja sealihaga | |
| Peedi - küüslaugusalat | |
| Jõhvikasmuuti | 2 |
| Leivatoode | 1;11;2 |
| | |
| Õuna-kõrvitsakook | 1;2;3 |
| Piim, R 2,5% | 2 |
| Pria pirn | |

| | | | |
|--------------|--------|---------------|---------|
| | 923.76 | | 927.582 |
| 28.1 12.17% | | 28.763 12.4% | |
| 47.43 46.21% | | 36.495 35.41% | |
| 97.51 42.22% | | 122.63 52.88% | |

| | | | |
|---------------|---------|----------------|---------|
| | 1167.72 | | 1174.05 |
| 35.43 12.14% | | 35.643 12.14% | |
| 56.23 43.34% | | 45.172 34.63% | |
| 131.15 44.93% | | 157.762 53.75% | |

| | | | |
|---------------|---------|---------------|----------|
| | 1375.81 | | 1399.718 |
| 41.83 12.16% | | 43.65 12.47% | |
| 64.41 42.13% | | 49.542 31.85% | |
| 158.53 46.09% | | 196.54 56.17% | |

| | | | |
|--------------|---------|----------------|----------|
| | 1502.97 | | 1530.258 |
| 44.47 11.84% | | 47.077 12.31% | |
| 71.6 42.88% | | 55.228 32.48% | |
| 171.4 45.62% | | 213.035 55.69% | |