

| | esmaspäev 26.08.2024 Allergeen | | teisipäev 27.08.2024 Allergeen | |
|----------------------------|-----------------------------------|---------|-----------------------------------|---------|
| Homnikusöök | | | | |
| | Täisterakaerahelbepuder | 1;2 | Rukkihelbepuder | 1;2 |
| | Või | 2 | Või | 2 |
| | Mustsõstar | | Aedmarjamoos | |
| | Pria piimatoode | 2 | Pria piimatoode | 2 |
| | Pria kaalikas | | Pria kurk | |
| Lõuna | | | | |
| | Kodune sealihakaste | 1;2 | Köögivilja - frikadellisupp | 1;3 |
| | Keedetud riis | | Apelsinitarretis | |
| | Peedi - kurgi salat | | Vahukoor | 2 |
| | Marja- jogurtikokteil | 2 | Leivatoode | 1;11;2 |
| | Leivatoode | 1;11;2 | | |
| Õhtusöök | | | | |
| | Kana-lillkapsasupp | | Tatrapuder | |
| | Leivatoode | 1;11;2 | Hapukoor, R 20 % | 2 |
| | Pria õun | | Mahlajook | |
| | | | Leivatoode | 1;11;2 |
| | | | Arbuus | |
| Terve päev vanus 1-2(3) | | | | |
| Energia kcal | | 929,79 | | 928,6 |
| Valgud ,g | 31.53 13.56% | | 29.08 12.53% | |
| Rasvad,g | 37.95 36.73% | | 31.19 30.23% | |
| Süsivesikud,g | 117.7 50.64% | | 133.94 57.7% | |
| vanus 3-5 | | | | |
| Energia kcal | | 1180,35 | | 1195,68 |
| Valgud ,g | 40.11 13.59% | | 35.74 11.96% | |
| Rasvad,g | 45.24 34.49% | | 42.14 31.72% | |
| Süsivesikud,g | 156.04 52.88% | | 169.25 56.62% | |
| vanus 5-6 | | | | |
| Energia kcal | | 1400,83 | | 1411,18 |
| Valgud ,g | 48.61 13.88% | | 43.83 12.42% | |
| Rasvad,g | 49.07 31.53% | | 42.69 27.23% | |
| Süsivesikud,g | 194.35 55.5% | | 214.16 60.7% | |
| vanus 6-7 | | | | |
| Energia kcal | | 1551,39 | | 1573,64 |
| Valgud ,g | 53.36 13.76% | | 47.69 12.12% | |
| Rasvad,g | 54.1 31.38% | | 48.61 27.8% | |
| Süsivesikud,g | 215.67 55.61% | | 237.38 60.34% | |

| kolmapäev 28.08.2024 Allergeen | | neljapäev 29.08.2024 Allergeen | | reede 30.08.2024 Allergeen | |
|-----------------------------------|---------|-----------------------------------|---------|-------------------------------|---------|
| Riisipuder | 2 | Piima-nisuhelbesupp | 1;2 | Kaheksaviljapuder | 1;2 |
| Või | 2 | Sepik sulatatud juustuga | 1;2 | Või | 2 |
| Aedmarjamoos | | Pria piimatoode | 2 | Aedmarjamoos | |
| Pria piimatoode | 2 | Pria kapsas | | Pria piimatoode | 2 |
| Pria porgand | | | | Pria tomat | |
| Tomatine kanapasta | 1;2 | Rassolnik sealihaga | 1 | Kalaguljašš | 1;2;4 |
| Hiinakapsasalat maisiga | | Hapukoor, R 20 % | 2 | Ahjukartulid ürtidega | |
| Seemnesegu | 11 | Kohupiimakreem | 2 | Kapsasalat tilliga | |
| Punasesõstra kompott | | Maasikasupp | | Mahlakissell | |
| Leivatoode | 1;11;2 | Leivatoode | 1;11;2 | Leivatoode | 1;11;2 |
| Koorene köögiviljasupp | 2 | Kartuliroog hakklihaga | | Pirniaia kook | 1;2;3 |
| Leivatoode | 1;11;2 | Mahlajook | | Mahlajook | |
| Pria pirn | | Leivatoode | 1;11;2 | Pria õun | |
| | | Melon | | | |
| | 902,43 | | 935,38 | | 951,65 |
| 30.05 | 13.32% | 40.7 | 17.4% | 23.84 | 10.02% |
| 30.03 | 29.95% | 34.45 | 33.15% | 33.41 | 31.6% |
| 129.75 | 57.51% | 115.26 | 49.29% | 139.54 | 58.65% |
| | 1159,1 | | 1160,63 | | 1180,03 |
| 36.03 | 12.43% | 49.67 | 17.12% | 32.31 | 10.95% |
| 38.85 | 30.17% | 41.32 | 32.04% | 34.36 | 26.21% |
| 167.94 | 57.96% | 146.61 | 50.53% | 186.11 | 63.09% |
| | 1367,53 | | 1398,82 | | 1395,34 |
| 42.82 | 12.52% | 58.99 | 16.87% | 37.4 | 10.72% |
| 45.68 | 30.06% | 47.79 | 30.75% | 43.35 | 27.96% |
| 198.16 | 57.96% | 181.66 | 51.95% | 214.73 | 61.56% |
| | 1532,65 | | 1515,55 | | 1567,98 |
| 46.03 | 12.01% | 63.57 | 16.78% | 39.61 | 10.1% |
| 53.09 | 31.18% | 52.2 | 31% | 54.72 | 31.41% |
| 219.14 | 57.19% | 196.72 | 51.92% | 230.02 | 58.68% |

Nädala keskmine

929,57
31.04 13.36%
33.406 32.34%
127.238 54.75%

1175,158
38.772 13.2%
40.382 30.93%
165.19 56.23%

1394,74
46.33 13.29%
45.716 29.5%
200.612 57.53%

1548,242
50.052 12.93%
52.544 30.54%
219.786 56.78%